

GLUTEN FREE LUNCH MENU

HOUSE MARKET SALAD 11

mixed green, market vegetable, feta cheese, apple cider vinaigrette

KALE & SHAVED BRUSSELS SPROUTS SALAD 12

savory poached pears, candied pecans, carr valley gorgonzola, champagne vinaigrette

TUSCAN CAESAR SALAD 13

kale, red romaine, prosciutto, puffed quinoa, pecorino cheese, caesar vinaigrette

GRILLED STEAK SALAD 21

flat iron steak, chimichurri sauce, black beans, corn, red peppers,
crispy tortilla chips, cilantro avocado vinaigrette, queso fresco

SEARED TUNA NICOISE 18

green beans, potatoes, cherry tomatoes, olives, hard boiled eggs, shallot dressing

BLACKENED FISH TACOS 16

tomato+avocado+mango relish, salsa verde, tartar sauce, corn tortillas

GEORGE'S COBB SALAD 14

chicken, avocado, bacon, chopped eggs, blue cheese, red onions, garden dressing

SPANISH CHORIZO MUSSELS 16

pei mussels, tomato saffron sauce, braised fennel

MEDITERRANEAN SPICED ROAST CHICKEN 16

turmeric, quinoa, sambal squash, hummus, feta cheese

7L OMELETTE 13

mushrooms, ham, spinach, onions, cheese, potato hash
served with potato hash

GLUTEN FREE SANDWICH BUNS AVAILABLE