

## GLUTEN FREE LUNCH MENU

### SEASONAL SALAD 15

mixed greens, cider poached green apples, gorgonzola cheese,  
praline pecans, sherry vinaigrette  
ADD CHICKEN +6 - SALMON +8 - SHRIMP +6

### TUSCAN CAESAR SALAD 16

kale, red romaine, prosciutto, puffed quinoa, pecorino cheese, caesar dressing

### AHI TUNA NICOISE 18

green beans, potatoes, cherry tomatoes, olives, hard boiled eggs, shallot dressing

### CHICKEN COBB SALAD 16

avocado, bacon, chopped eggs, blue cheese, red onions, tomatoes, garden dressing

### HUMMUS 12

vegetable crudite, sambal

### PULLED PORK NACHOS 16

tortilla chips, white cheddar cheese sauce, green onion, black beans, jalapeños

### TURMERIC ROASTED CAULIFLOWER 18

quinoa, yogurt, toasted pine nuts, golden raisin relish

### PORK CARNITAS TACOS 18

black bean puree, pico de gallo, cheese, cilantro, corn tortillas  
add avocado + 2.00

### MEDITERRANEAN ROAST CHICKEN 17

spinach, quinoa, sambal squash, hummus, feta cheese

**GLUTEN FREE SANDWICH BUNS AVAILABLE**